



NEW YORK STATE TEACHERS' RETIREMENT SYSTEM
10 Corporate Woods Drive, Albany, NY 12211-2395
(800) 348-7298

OFFICE SERVICES ONLY

MyNYSTRS ACCOUNT CONTACT INFORMATION

INSTRUCTIONS: Use this form to update your email address and phone number(s) to gain access to your MyNYSTRS account. Either print the blank form, fill it out and sign it; or fill it out online, print and sign it. Fax it to NYSTRS at (518) 447-4749 or mail it to the address above. The form will be processed within 5 business days. NYSTRS will notify you by email when the processing is complete so you may access your MyNYSTRS account. **This form must be signed to be valid.**

EmplID #

Social Security Number

 - -

First Name

MI

Last Name

Email Address (Required to use MyNYSTRS)

At least one phone number is required to use MyNYSTRS:

Phone Number

() -

Home
Cell
Other

Non-U.S. Phone Number

Home
Cell
Other

Phone Number

() -

Home
Cell
Other

Non-U.S. Phone Number

Home
Cell
Other

Phone Number

() -

Home
Cell
Other

Non-U.S. Phone Number

Home
Cell
Other

Date

 / /

Month

Day

Year

SIGNATURE