ADM-97 (9/24)



NEW YORK STATE TEACHERS' RETIREMENT SYSTEM 10 Corporate Woods Drive, Albany, NY 12211-2395 800-348-7298

OFFICE S	ervices on	LY

MyNYSTRS ACCOUNT CONTACT INFORMATION

INSTRUCTIONS: Use this form to update your email address and phone number(s) to gain access to your MyNYSTRS account. Either print the blank form, fill it out and sign it; or fill it out online, print and sign it. Fax it to NYSTRS at (518) 447-4749 or mail it to the address above. The form will be processed within 5 business days. NYSTRS will notify you by email when the processing is complete so you may access your MyNYSTRS account. **This form must be completed with information pertaining to you (the member) only and must be signed to be valid.** Use of this online portal is limited to active members and retirees. If you are the member's or retiree's representative, you may not use MyNYSTRS.

EmpliD #	200	Social Security Number					
First Name MI	Last Name						
Member's Email Address (Required to use MyNYSTRS)							
					_		
At least <u>one</u> phone number is required to use MyNYST	RS:						
Member's Phone Number							
	Home	Cell	Other				
Non-U.S. Phone Number							
	Home	Cell	Other				
Member's Phone Number							
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