From I-87/I-287
- Take exit 13N onto the Palisades Parkway toward Bear Mountain
- Take exit 10 toward N Middletown Rd/New City/Nanuet
- Turn right onto Germonds Rd
- After about 1 mile, stay straight to go onto Parrott Rd
- After about .33 miles turn right at 65 Parrott Rd
- Video consultations are held in Building 10 – PDC Conference Center
- Please check in when you enter the building and they will direct you to the video conferencing room.