Directions to NYSTRS Headquarters:

Please note that you (and any guests attending with you) will need to show photo identification in order to enter NYSTRS’ building. Thank you.

From the North
Take interstate 87 (Adirondack Northway) south to Exit 1E.
Take Interstate 90 East to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at the second traffic light onto Corporate Woods Dr.
NYSTRS is the second building on the right.

From the South
Take the Thruway (Interstate 87) north to Exit 24 (Albany).
Take Interstate 90 East to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at the second traffic light onto Corporate Woods Dr.
NYSTRS is the second building on the right.

From the East
Take Interstate 90 west to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at the second traffic light onto Corporate Woods Dr.
NYSTRS is the second building on the right.

From the West
Take the Thruway (Interstate 90) east to Exit 24 (Albany/Montreal).
Take Interstate 90 East to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at the second traffic light onto Corporate Woods Dr.
NYSTRS is the second building on the right.