

NYSTRS
10 Corporate Woods Drive
Albany, NY 12211
(800) 348-7298, Ext. 6250
447-2900

From the North

Take Interstate 87 (Adirondack Northway) south to Exit 1E.
Take Interstate 90 east to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at second light onto Corporate Woods Drive.
NYSTRS is the second building on the right.

From the South

Take the Thruway (Interstate 87) north to Exit 23 (Albany).
Take Interstate 787 north.
Take Interstate 90 west to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at second light onto Corporate Woods Drive.
NYSTRS is the second building on the right.

From the East

Take Interstate 90 west to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at second light onto Corporate Woods Drive.
NYSTRS is the second building on the right.

From the West

Take the Thruway (Interstate 90) east to Exit 24 (Albany/Northway).
Continue on Interstate 90 east to Exit 5A (Corporate Woods).
Follow ramp straight onto Corporate Woods Blvd.
Turn left at second light onto Corporate Woods Drive.
NYSTRS is the second building on the right.