



New York State Teachers' Retirement System

2009-2010 Benefit Consultations

Video Consultations

CENTRAL VALLEY

Central Valley
Elementary School
45 Route 32

DIX HILLS

James E. Allen
Elementary School
762 Deer Park Road

ELMSFORD

Southern
Westchester BOCES
Lower Hudson Regional
Information Center
44 Executive Boulevard

ENDICOTT

Union Endicott Central
School District Offices
1100 East Main Street

FAIRPORT

Monroe #1 BOCES
Foreman Center
41 O'Connor Road

GARDEN CITY

Nassau BOCES
Administrative Center
71 Clinton Road

HOLBROOK

Eastern Suffolk BOCES
Regional Info. Center
15 Andrea Road

JAMESTOWN

Jefferson Middle School
195 Martin Road

LAGRANGEVILLE

Arlington High School
1157 Route 55

NEW HARTFORD

OHM BOCES
4747 Middle
Settlement Road
PPD Building

OLEAN

BOCES Center
1825 Windfall Road

PLATTSBURGH

Champlain Valley
Educational Services
14 Area Development Dr.
ISC Building, Ste. 100

POTSDAM

Potsdam Central School
29 Leroy Street

SANBORN

Orleans Niagara BOCES
4124 Saunders
Settlement Rd.

SYRACUSE

OCM BOCES
Building B
Information Center
6820 Thompson Road

WATERTOWN

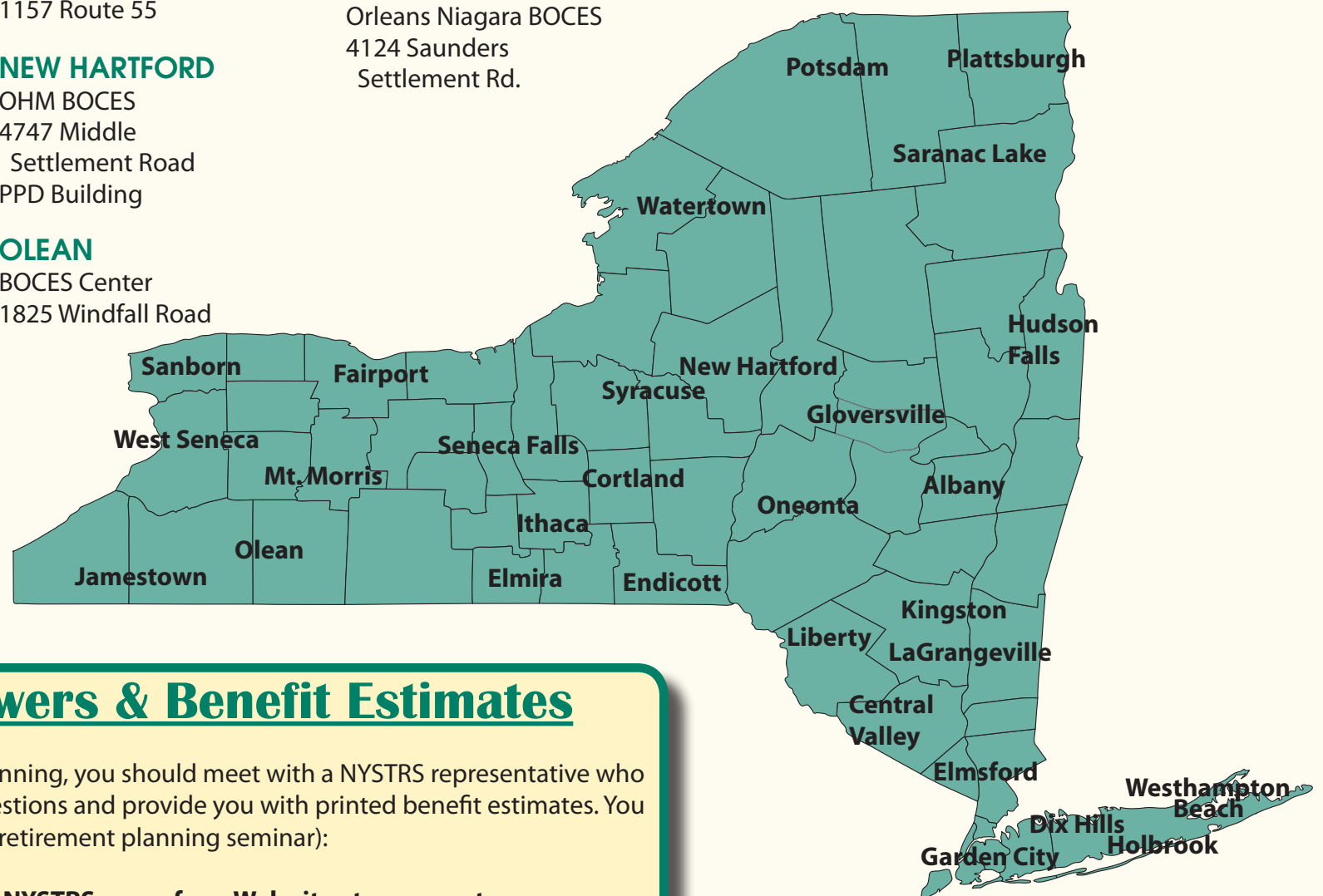
Watertown High School
1335 Washington Street

WESTHAMPTON BEACH

Eastern Suffolk BOCES
215 Old Riverhead Road

WEST SENECA

Erie 1 BOCES
355 Harlem Road



Pension Answers & Benefit Estimates

As part of your retirement planning, you should meet with a NYSTRS representative who can answer your pension questions and provide you with printed benefit estimates. You can book a consultation (or a retirement planning seminar):

- 1) Online through the MyNYSTRS area of our Web site at www.nystrs.org.
- 2) By calling NYSTRS at (800) 348-7298, Ext. 6100.

In-Person Consultations

ALBANY

(800) 348-7298, Ext. 6100
NYS Teachers' Retirement System
10 Corporate Woods Drive

Appointments are scheduled during regular business hours, Monday through Friday, year-round.

CORTLAND

McEvoy Educational Center
1710 NYS Route 13

Sept. 24 Feb. 11, 25
Oct. 7, 15 March 11
Nov. 19 April 8
Dec. 3 May 6, 20
Jan. 7, 28 June 10

ELMIRA

Administration Building
951 Hoffman Street

Sept. 22 Feb. 2, 23, 24
Oct. 6, 20, 21 March 16, 17, 30
Nov. 17, 18 Apr. 1, 13, 14, 27, 28
Dec. 8, 9 May 11, 13, 25, 26
Jan. 5, 6, 19, 20

GLOVERSVILLE

Administration Offices
234 Lincoln Street

Oct. 29 April 26

HUDSON FALLS

WSWHE BOCES Central Office
1153 Burgoyne Avenue

Oct. 5 Feb. 10
Nov. 16 March 2, 29
Dec. 14 April 19
Jan. 21 May 6, 17

ITHACA

Ithaca Administration Building
400 Lake Street

Sept. 23 Feb. 3, 25
Oct. 22 March 31
Nov. 19 April 15
Dec. 17 May 12
Jan. 14

KINGSTON

Board of Education
61 Crown Street

Sept. 21 Feb. 4, 22
Oct. 8, 19 March 4, 15
Nov. 23 April 12, 29
Dec. 3, 16 May 10, 26
Jan. 7, 25

LIBERTY

Liberty Central High School
125 Buckley Street

Sept. 24 Feb. 8
Oct. 15, 26 March 1, 22
Nov. 12, 23 April 12
Dec. 7 May 3, 20
Jan. 11

MT. MORRIS

Genesee-Livingston-Steuben-
Wyoming BOCES
Mt. Morris Campus

27 Lackawanna Avenue
Sept. 30 March 24
Nov. 20 April 21
Jan. 13 June 9
Feb. 24

ONEONTA

Oneonta City Schools
189 Main Street

Oct. 8, 29 March 18
Dec. 10 April 29
Jan. 21 May 27
Feb. 4

SARANAC LAKE

Saranac Lake High School
Administrative Department
79 Canaras Avenue

Oct. 22 April 22

SENECA FALLS

Seneca Falls District Office
98 Clinton Street

Sept. 29 Jan. 12, 26, 27
Oct. 1, 13, 14, Feb. 9, 10, 23
27, 28 March 9, 10, 23, 25
Nov. 17, 18 April 6, 7, 20, 22
Dec. 1, 2, May 4, 5, 18, 19
15, 16 June 8